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CV	Shaikh Insaruddin	2023

PROFESSIONAL RESUME

NAME: MR. SHAIKH INSARUDDIN

DESIGNATION: HSE OFFICER

Mobile: +91 9326325667

Email: sk.insaruddin@yahoo.in

Nationality: INDIAN

DATE OF BIRTH: 29/06/1989

TOTAL YEARS OF EXPERIENCE: 12+ YEARS

Career Highlights

Sep 2019 to Present - HSE Engineer

Company: TOYO Engineering India Private Limited

Client: Indian Oil Corporation Limited

Project: Mono Ethylene Glycol (MEG) | India

Scope: It is a Brownfield project for setting up Mono Ethylene Glycol (MEG) plant at IOCL Paradip Refinery (Odisha-India). We are the Project Management Consultant (PMC) for this project to provide consultant to 04 Nos. different packages LSTK-1(L&T Hydrocarbon), LSTK-2(L&T Hydrocarbon), LSTK-3 (NRP Projects) & ASU (Linde / Praxair). The packages are construction of Ethylene Glycol Unit, Ethylene Recovery Unit, associated Off-site, ETP, Air Separation Unit, On-site utilities and 14 K.M Jetty Pipelines (From Plant to Port Terminal).

Job Profile:

- My responsibilities are to provide consultation to the client as well as contractors engaged in the job in respect of EHS issues.
- Implementing & maintaining client & company EHS rules at site.
- Reviewing, Monitoring & Implementing Project HSE Plan
- In addition to this I am also responsible for implementation of construction HSE systems and overall HSE procedures of the company, ensure HSE regulations, standards and company best practice is implemented, Interface with Contractors HSE staff, client HSE department and Plant operations HS.
- Evaluating the Contractors HSE performance on an ongoing basis and make recommendations for improvement as needed.
- Reviewing contractors Method Statements, JSA, RSA & HIRA before it is being implemented
- Evaluating the EHS systems of contractor, monitoring of contractors activities through scheduling monthly audit, inspection and daily site visit.
- Ensure emergency procedures are established.
- monitoring & controlling the implemented work permit system
- Carry out accident / incident / near-miss investigation
- Run motivational programs.
- Attend the project meetings including weekly and monthly construction



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meetings, preparing client as well HO weekly & monthly HSE reports.

July 2018 to Aug 2019 – HSE Engineer

Company: L&T Hydrocarbon Engineering Services

Client: Shell India Private Limited

Projects: Shell Taloja Debottlenecking Phase- I | India

Scope: It was a Brownfield project for Shell Taloja Debottlenecking Phase-I to increase production of finished products at LOBP through debottlenecking the plant. We were the EPCM contractor intends to implement this project on Engineering, Procurement Construction Management basis. We were appointed to execute the project from Design to Commissioning and project close out on total & single point responsibility basis.

Job Profile:

- Implementing & maintaining client & company EHS rules at site.
- Implementing & Monitoring Project HSSE Plan.
- Reviewing contractors Method Statements, JSA & RSA before it is being implemented.
- Provide advice to the project team on HSE issues.
- Monitoring & controlling the implemented work permit system.
- Evaluating the EHS systems of contractor, monitoring of contractors activities through scheduling monthly audit, inspection and daily site visit.
- Identifying needs, preparing & conducting various HSE trainings.
- Monitoring of subcontractors activities to Identify Unsafe Acts & Unsafe Conditions, good practices and report it to the site management as well as top management.
- coordinate with all construction departments and line management for active implementation of HSE procedures, documentation & compliance of reports were the part of my responsibilities as well
- Accompany client visits and act upon their recommendations, report all such visit to the site management nothing any observation made after the visit.
- Report generates & record keeping was also part of my responsibilities.

Sep 2017 to April 2018 – HSE Officer (ADNOC Approved)

Company: Tecnimont Private Limited

Client: Maire Tecnimont / ADNOC Onshore

Projects: Al Dabb'iya Onshore Surface Facilities Phase-III | UAE

Scope: It was an Oil and Gas separation new CPP plant. We were engaged to execute the E&I work covered CPP (Central Processing Plant) and 13 Nos.of Onshore clusters.

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Job Profile:

- Implementation and monitoring of safety aspects on both client and company safety procedures.
- Provide advice to the project team on HSE issues.
- Accompanying client HSE inspectors for field inspection on HSE issues.
- Monitoring STARRT card meeting on regular basis & ensure that it is being conducted in a professional manner.
- Follow-Up work permit system
- Implementing & monitoring traffic management plan.
- Observe U/A & U/C and report it to the site management.
- Conduct daily & periodic inspections of lifting equipment, tools, tackles, Power tools, fire extinguisher, ladder, scaffolding, PPEs, Electrical System, Welfare facilities etc.
- Observe Near-Miss & incident and report it to the site management as well as to HSE dept.to trigger the investigation.

Jul 2014 to Aug 2017 – HSE Officer

Company: Punj Lloyd Limited

Client: Foster Wheeler G.B Limited / Indian Oil Corporation Limited

Project: Ennore LNG Terminal Project | India

Scope: It was a LNG import, storage and re-gasification terminal project of Indian Oil Corporation. The project involved providing construction & commissioning of two 180,000 m3 capacity full containment LNG cryogenic tanks.

Job profile:

- Development & implementation of HSE Systems
- Preparation & Implementation of Risk Assessments,
- Implementing Work Permit System,
- Monitoring of subcontractor Observe ,U/A & U/C, Near-Miss & incident and report it to the site management as well as to HSE dept.to trigger the investigation
- Conducting daily & periodic inspections of lifting equipment, tools, tackles, Power tools, fire extinguisher, ladder, scaffolding, PPEs, Electrical System, Welfare facilities etc.
- Conducting induction trainings, Job safety training, and orientation programs.
- Coordinating & arranging special trainings with third party trainers.
- Record keeping and generation of the reports were the part of the responsibilities.

Client: Mitsubishi Heavy Industries Ltd. Japan / Indian Oil Corporation Limited

Project: Ennore LNG Terminal Project | India Paradip Refinery Project |

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Scope: It was one of the biggest oil refinery projects (Grass root Mega Project) of IOCL having production capacity 15 Million Metric Ton Per Annum. We were the main contractor engaged to execute the work covered 12 units (Kero Treater Unit, Alkylation, Butane Isomerization, FCC LPG Treatment Unit, Sulphur Acid Regeneration, Sulphuric Recovery Unit & Tail Gas Treating Unit, Flue Gas Desulphurization (FGD) (absorber section), Flue Gas desulphurization (FGD) (regeneration section) under the LSTK contract

Job profile:

- Development & implementation of HSE Systems
- Preparation & Implementation of Risk Assessments,
- Implementing Work Permit System,
- Monitoring of subcontractor Observe ,U/A & U/C, Near-Miss & incident and report it to the site management as well as to HSE dept.to trigger the investigation
- Conducting daily & periodic inspections of lifting equipment, tools, tackles, Power tools, fire extinguisher, ladder, scaffolding, PPEs, Electrical System, Welfare facilities etc.
- Conducting induction trainings, Job safety training, and orientation programs.
- Coordinating & arranging special trainings with third party trainers.
- Record keeping and generation of the reports were the part of the responsibilities.

February 2012 to July 2014 – HSE Officer

Company: Bahwan Engineering Company LLC

Client: Dhofar Power Company

Project: Salalah Power Project | Oman

Scope: Project was involved Civil, Mechanical, Electrical, Instrumentation, HVAC and Installation of GE PG6581B Gas Turbines & Associated works.

Job Profile:

- Induction Training.
- Ensuring TBT conducted
- Preparation & Implementation of Risk Assessments,
- Monitoring & controlling the implemented work Permit System
- Daily & periodic various safety inspections.
- Identify Unsafe Acts & Unsafe Conditions.
- Report generates & record keeping was also part of my responsibilities.

February 2011 to August 2011 – HSE Supervisor

Company: L&T Limited (ECC Division)

Client: Bhushan Steel Limited



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Project: Steel Melting Shop (SMS-III) | India

Scope: It was a turnkey project involves providing construction & commissioning of the Steel Melting Shop-III

Job Profile: Implementation of HSE Systems, Plans and overall HSE aspects of the company. I was mainly responsible for monitoring of subcontractor activities. Reporting accident involving injury to persons or damage to property and other dangerous occurrences and “near misses” to the site management immediately. Participate in investigation team to find the root cause of all such incidents and thereafter to rectify the deficiencies to prevent reoccurrence with the help of site management.

January 2010 to February 2011 – HSE Supervisor

Company: Gayatri Engineers

Client: Mahanadi Coalfields Limited

Projects: MCL, Open Cast Mining | Indai

Scope: Gayatri Engineers was working as a maintenance sub-contractor for the routine maintenance of all the mines vehicles and equipment. Also, we were working for safe transportation of coal through vehicles and train

Job Profile: My responsibilities were conducting induction training to drivers, Pre-Job TBT, Road Safety, firefighting, hot work, and training to the staff /employees in various safety topics, major and emergency firefighting plan to prevent and extinguish the spontaneous ignition at coal stack areas. Emergency response and ensuring the implementation of the project Health, Safety and Environmental policies and procedures by conducting various audits. Preparation & Implementation of Risk Assessments, Monitoring Environment Issues, Conduct HSE committee meeting with logistics team, PPE Inspection, Site Inspection, Monitoring Drilling & Blasting activity, conduct monthly safety day celebration meeting & preparing weekly / Monthly reports.

Qualifications & Memberships

- Diploma in Mechanical Engineering From State Council for Technical Education & Vocational Training, Odisha-India
- Bachelor Degree in Science From Utkal University, Odisha-India
- NEBOSH- IGC (International General Certificate in Occupational Safety and Health - UK) From NIST, Kolkata-India
- PG. Diploma in Health, Safety & Environment Manamenegment” From NCTT Hyderabad-IndiaC
- ISO 45001:2018 Lead Auditor-CQI-IRCA From 3Fold Education, Mumbai
- An active Member of IIRSM (International Institute of Risk & Safety Management)-UK. Membership Code- 310290

Training Attended

- Covid-19:- Operation Planning Guidelines & COVID-19 Partners to



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Support Country preparedness & response Online training program Conducted by WHO (World Health Organization).

- Infection Presentation & Control (IPC) for Novel Coronavirus (COVID-19) Online training program Conducted by WHO (World Health Organization).
- First aid training (HAAD approved) conducted by Highfields International Limited (U.K) at UAE
- ADCO e-PTW third party training conducted by GASOS Bin Hamooda, Mussafah, UAE.
- H2S training conducted by Numero Uno Training & Consuting, Mussafah, UAE
- 03 Days Scaffolding Training (Theory & Practical) conducted by Don Bosco Maritime Academy at IOCL project Paradip.
- Radioactive sources training conducted by AERB arranged by Indian Oil Corporation Limited.
- Electric shock and Its First Aid training conducted by Foster Wheeler (G.B) Limited at IOCL Project
- Height Work training including fall protection, full body harness, shock absorber, life line (snatch-line) & fall arrestor (rope grab) etc conducted by Karam Pvt.Ltd. at IOCI Paradip.

Awards and Achievements

- Achieved 45 million man-hours without loss time injury at Indian Oil Corporation Limited MEG (Mono Ethylene Glycol) Project.
- Got 2nd prize in written quiz competition among 75 contractors conducted by Indian Oil on occasion of National Safety Week Celebration-2020
- Shell Taloja Growth Project Phase-I has completed with goal zero incidents.
- Achieved 2.5 million man hours without loss time injury at AL-Dabb'iya Surface Facilities Phase- III ADNOC Onshore Project
- Achieved 25 million LTI free man-hours at IOCL refinery project.
- Paradip project has awarded by CEO of Punj Lloyd Ltd as the best project in India for 2015
- Punj Lloyd Ltd. has has awarded first prize as best contractor in House Keeping among 30 contractors at Indian Oil Corporation Limited for year 2015
- Punj Lloyd Ltd. has got first ranks in Maximum Number of Near Miss Reporting Competition conducted by Indian Oil Corporation Limited for year 2015
- Punj Lloyd Ltd. has got first three ranks in Best Near Miss Reporting Competition conducted by Indian Oil Corporation Limited for year 2015



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- BEC has worked without any accident throughout the project tenure 2012-2014
- Appreciated by all companies and clients for whom I worked during my entire career.

IT Skills

- Post Graduate Diploma in Computer Application (PGDCA).
- Excellent exposure & well knowledge of Windows, MS Word, MS Excel & MS PowerPoint, C programming.

Languages

- English
- Hindi
- Urdu
- Odia
- Bangla
- Arabic

Declaration

I do hereby declare that all the above furnished information is true to the best of my knowledge and belief.

Place: India

(Shaikh Insaruddin)

